

## Saturday Night Live Clocks

Saturday 18:00 to 22:00 - EST or EDT when applicable - available outside the NRL Season

18:00 to 22:00	Cmd	Description	Satellite 102, 104 & 106
:00:00	-	LOCAL News Theme window	
:00:07	-	News – refer to the separate news schedule for relevant commands	
:07:00	-	Show starts/resumes on theme	
:15:00	1	LOCAL 3:10 commercial break window	
:30:00	1	LOCAL 3:10 commercial break window	
:45:00	1	LOCAL 3:10 commercial break window	
:59:50	4	LOCAL 0:05 news credit	

We recommend scheduling one additional break in each hour; reset breaks at top of hour.