

Bill McDonald Morning Show Clocks

Monday to Friday 0900 to 1200 EST

0900 to 1000	Cmd	Description	Satellite 106
:07:00	-	Show starts on theme	
:15:00	1	LOCAL 3:20 commercial break window	
:25:00	1	LOCAL 3:40 commercial break window	
:40:00	1	LOCAL 3:20 commercial break window	
:50:00	1	LOCAL 3:40 commercial break window	
:59:50	4	LOCAL 0:05 news credit	
1000 to 1200			
:00:00	-	LOCAL News Theme window	
:00:07	-	News – refer to the separate news schedule for relevant commands	
:07:00	-	Show resumes on theme	
:15:00	1	LOCAL 3:20 commercial break window	
:25:00	1	LOCAL 3:40 commercial break window	
:40:00	1	LOCAL 3:20 commercial break window	
:50:00	1	LOCAL 3:40 commercial break window	
:59:50	4	LOCAL 0:05 news credit	

We recommend scheduling one additional break in each hour; reset breaks at top of hour.